



Welcome to the sector

Exploring careers in the sport
and physical activity sector

Grab and go careers session cheat sheet

Fast facts about the sport and physical activity sector

What industries are there within the sector?

- Community sport
- Performance sport
- Adventure activities
- Exercise and fitness
- Leisure operations
- Health and wellbeing

What's happening in the sector?

Through their work, sport and physical activity professionals contribute to a wide range of benefits to society as a whole:

- Influencing government policy
- Reducing unemployment
- Reducing pressure on healthcare services
- Improving opportunities for disadvantaged groups
- Recognising sport and physical activity professionals
- Acting as role models for young people





What roles are there in the sector?

The top advertised roles in the sector are...

**Personal
Trainer**

**Sports
coach**

Lifeguard

**Swimming
coach**

**Football
coach**

**Leisure
sales
manager**

**Activities
assistant**

**Activities
coordinator**

**Skills
coach**

**Fitness
coach**

**Fitness
instructor**

**Swimming
instructor**



The Careers Hub

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Supporting you in finding a great career
in the sport and physical activity sector



The Careers Hub offers resources for anyone interested in pursuing or developing their career in the sport and physical activity sector.

We highlight the diverse and rewarding opportunities available and support individuals from all backgrounds. Enter an exciting and dynamic sector that plays a crucial role in promoting health, wellbeing and community engagement across the UK.

Visit: www.careers.cimspa.co.uk



If you have any questions regarding the Careers Hub
please contact us at careershub@cimspa.co.uk