



Sector careers

Exploring careers in the sport
and physical activity sector

Grab and go careers session cheat sheet

Adventure sport careers

- Climbing instructor
- Kayak instructor
- Mountain bike instructor
- Sailing instructor
- Windsurf instructor
- Ski instructor
- High ropes instructor
- Coasteering guide
- White water raft guide
- Activity centre manager
- Outdoor education tutor
- Expedition leader
- Adventure guide
- Outdoor activity leader
- Adventure therapist
- Equipment technician

Community sport

- Community sport coach
- Sports development officer
- Disability sport coach
- Youth worker
- School sport coordinator
- Community sport manager
- Volunteer coordinator
- Club development officer
- Community sport officer
- Active Schools coordinator
- Community engagement officer
- Session leader
- Programme coordinator
- Club welfare officer
- Events coordinator
- Sports administrator

Exercise and fitness

- Personal trainer
- Group exercise instructor
- Strength and conditioning coach
- Exercise referral instructor
- Pilates instructor
- Yoga instructor
- Exercise physiologist
- Rehabilitation instructor
- Performance analyst
- Gym instructor
- Lifestyle coach
- Facility manager
- Swimming teacher
- Programme coordinator
- Customer experience manager
- Equipment technician

Health and wellbeing

- Health and wellbeing coach
- Lifestyle advisor
- Mental health support worker
- Occupational health advisor
- Nutrition advisor
- Social prescribing link worker
- Wellbeing programme coordinator
- Care navigator
- Behaviour-change specialist
- Stress management specialist
- Employee wellbeing coordinator
- Community wellbeing worker
- Rehabilitation support worker
- Counsellor
- Addiction support worker

Leisure operations

- Customer service advisor
- Membership advisor
- Business development manager
- Leisure attendant
- Pool plant operator
- Health and safety officer
- Leisure centre manager
- Duty manager
- Sports facility manager
- Swimming pool manager
- Programme coordinator
- Compliance officer
- Contract manager
- Procurement officer
- Data and insights analyst

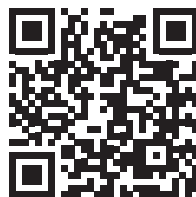
Performance sport

- Performance coach
- Strength and conditioning coach
- Sports scientist
- Performance analyst
- Talent pathway manager
- Sports psychologist
- Physiotherapist
- Sports therapist
- Talent identification scout
- Performance director
- Biomechanist
- Physiologist
- Team manager
- Performance pathway coordinator
- Performance nutritionist



Career and occupation quiz

Answer questions about what you enjoy most and get instant results on which careers and occupations in the sport and physical activity sector might be best for you.



If you have any questions regarding the Careers Hub please contact us at careershubs@cimspa.co.uk